

Clay Center Housing November 2017

Office Hours:

9 AM—Noon Monday—Friday

Afternoons By Appointment ONLY

ONLY during window hours— Tuesday & Friday from 9 AM to Noon— may tenants purchase stamps, get change, and pay rent in person. Checks and money orders may be placed in the drop box slot on the office door. Newsletters and statements are available at the office the last week of each month, after the 25th. **Each household is responsible for picking up the newsletter and READING the information provided.**

Outside of window hours, **please call before coming to the office, to verify that someone is available to speak with you.** The afternoons are when we schedule interviews and work on paperwork. Therefore we may not answer the phone or door at these times. Please make arrangements to pickup packages between 8 AM and Noon.

If you have a lock-out, call 785-632-2100 or come to the office. Only in the evenings or on weekends, if you have an emergency, should you call 785-447-9352. For a work order, **CALL THE OFFICE, NOT** the emergency number. It is NOT necessary to come to the office, just call. Leave a message stating unit number, nature of problem and whether maintenance has permission to enter. Your needs will be addressed as soon as possible in the order of urgency.

330 West court Street, Clay Center, KS

Telephone: 785-632-2100 Fax: 785-632-6363

Website: claycenterhousing.com

Like us on Facebook!

KS Relay Center TDD 800-766-3777



HOLIDAY PET HAZARDS & SAFETY TIPS

Food

During the Thanksgiving holiday, people often want to share their turkey dinners with their dogs. Most dogs would really enjoy sharing in the festivities but please keep a couple important points in mind. First, you want to avoid giving your dog sweet or fatty foods because this can sometimes cause diarrhea. Also, turkey bones or the turkey carcass should not be fed to dogs and cats. Poultry and turkey bones tend to shatter or splinter and these splinters can get stuck in the back of the throat or stomach. Finally, you should avoid feeding any side dishes that contain raw garlic or onions to your pets. Garlic and onions contain a toxin that can cause anemia in dogs and cats. If your pet does not have a sensitive stomach and you want to share some of the dinner festivities, consider giving them some lean cooked turkey meat and mashed potatoes, but avoid the fatty gravy topping. Vegetables (without lots of butter, garlic or onions) can also be a great treat.

The time of year for holiday and family gatherings can be stressful for pets that are shy, especially cats. Some cats are very social and love to greet your holiday guests; however, most cats tend to be shy, and need to have their own space to feel safe. With lots of company around the holidays, cats can become very anxious or risk injury if they are underfoot. For cats that are timid around strangers or noise, it is best to keep them in a room that is relatively quiet and where they can have access to hiding places and a litter box until the guests are gone.

Decorations

The holidays present some unique hazards to pets. Exposure to these hazards can be avoidable with some careful planning and forethought. Decorating around the holidays consists of hanging lights and ornaments. Dogs and some cats are notorious for chewing on anything new and sometimes shiny things attract their attention. Electrical cords associated with holiday lights can cause electrical shock and burns if your pet chews through these. If your pet likes to chew on wiring, take precautions to keep your pets away from your holiday lights, or use electrical cord covers or organizers to keep the wires under wraps. Holiday tinsel can brighten up the Christmas tree, and ribbons are almost a universal part

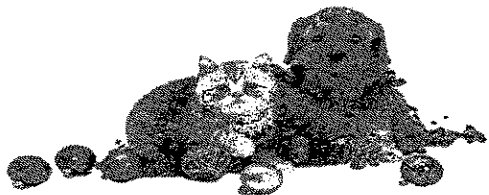
of gift wrapping. Cats and some dogs like to chew and swallow these long lengths of tinsel or ribbon. The tinsel and ribbon cannot be digested so it tends to bunch and can tie up the intestines causing an intestinal blockage. Most cats and dogs with intestinal blockage will need surgery to correct this. If you have a curious cat, or a mischievous dog that tends to like to eat ribbons or tinsel, it is advised to avoid decorating with tinsel or ribbon over the holidays. If you suspect that your dog or cat may have eaten ribbon, then they should be examined by your veterinarian.

Sweets

The holidays are most often celebrated with sweet treats. It is important to keep chocolaty treats and sweets away from your pets. Chocolates, in addition to causing an upset stomach, contain caffeine and a toxin called theobromine. In dogs and cats, both caffeine and theobromine can cause high heart rates, high blood pressure, and rarely seizures. If a dog has eaten chocolate then treatment consists of inducing vomiting, medications to prevent absorption of the toxin in the chocolate, and sometimes a night in the hospital on IV fluids. It is better to avoid potential exposures to chocolate by keeping the treats out of reach or within a cabinet. If your pet gets into chocolate, it is recommended to have them checked out by a veterinarian.

Frostbite

We are in Kansas and snow is always a possibility. Wet snow can pack between the toes and paw pads of dogs during a hike. Dogs with longer fur between their toes are more susceptible to this. Packed snow between their toes can make dogs prone to frostbite between their toes that can cause skin irritation and damage. If you notice clumping of snow between your dog's toes, bring them indoors and place their paws in warm water to slowly melt the snow. Do not try to cut away the snow clumps. If your pet has long hair between his/her toes but still enjoys long winter hikes, you might try to prevent snow packing by rubbing petroleum jelly between their toes or buying them some trekking booties to protect their paws.



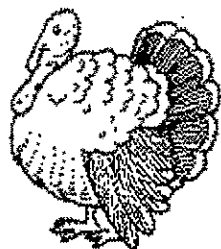
THANKSGIVING MAGIC

By Rowena Bastin Bennett

Thanksgiving Day I like to see
Our cook perform her witchery.
She turns a pumpkin into pie
As easily as you or I
Can wave a hand or wink an eye.
She takes leftover bread and muffin
And changes them to turkey stuffin'.
She changes cranberries to sauce
And meats to stews and stews to broths;
And when she mixes gingerbread
It turns into a man instead
With frosting collar 'round his throat
And raisin buttons down his coat.
Oh, some like magic made by wands,
And some read magic out of books,
And some like fairy spells and charms
But I like magic made by cooks!



Thanksgiving Word Search



S M K E Y L E Z I A M C N N
 P U M P K I N G G K A O G Z
 M C M R G L G M C O L O N Y
 O M O C R H L F F T T K I X
 B S D S Q U A S H S E D V P
 A S E C O R N M A E A D I I
 J E E I P A D E E V G W G L
 E N R T I L F M Y R N J S G
 O K F D T K Y E S A I L K R
 O C N R G L K M E H F C N I
 L I I P I R E W O L F Y A M
 B S G M U L A R B U U W H S
 Z F A T P O D V S I T U T A
 J F A L L S M A Y H S H Z B

AMERICA
 COLONY
 COOK
 CORN
 ENGLAND
 FALL
 FAMILY
 FEAST
 FREEDOM
 GRAVY
 HARVEST
 INDIANS
 MAIZE
 MAYFLOWER
 PIE
 PILGRIMS
 PLYMOUTH
 PUMPKIN
 SAIL
 SETTLERS
 SICKNESS
 SQUASH
 STUFFING
 THANKSGIVING
 TURKEY
 YAMS

TENANT NOTICES

WINDOW HOURS - Tuesday & Friday morning from 9 A.M. to Noon.

These are the only times the window is open and the ONLY times you may purchase rolls of quarters or books of stamps. If you aren't around during these times you will need to go to the bank, post office or grocery store to get them. We cannot continue to make exceptions because you didn't plan, forgot or just ran out. Do not call and request anything different. Please respect the posted hours and when you may do things.

THANKSGIVING is November 23rd. The office will be closed Thursday and Friday to allow ALL housing employees to spend time with their families. If you have an emergency call 785.447.9352, otherwise call the office, leave a message and your needs will be addressed after the holiday weekend.

THERMOSTAT SETTINGS - As the seasons change we want to remind the tenants at Apollo Towers & Parkview Plaza about the recommended settings for your thermostats. The winter heating setting recommended is 68 degrees and should never be above 74. If you are cold, put on more layers, get up and move around, use more/heavier blankets and close the blinds and curtains to keep the heat in. The bulk of the gas and electric bills are not paid by the tenants. If we find settings are out of compliance we will lock-off your control of the thermostat as we do NOT have an endless supply of money for the ever rising utility costs.

SOCIAL SECURITY BENEFIT LETTER will begin being delivered around the 10th of December. It has been announced that there is a 2% increase in benefits for 2018 and could be a slight increase in the Medicare premium for some. Please bring your 2018 benefit letter to the office when you receive it so we may add a copy to your file.

SNOW & ICE is part of our winter and you must prepare yourselves for

it. This is a reminder -WE DO NOT - WILL NOT- scoop the snow from around your vehicles. Our contractor will clear the drives and throughways for the parking lots and maintenance takes care of the sidewalks. If the weather is nasty, please do not go out unless absolutely necessary. Car owners please do not back in or pull over the sidewalks and curbs. Doing this prevents the snow removal equipment access to the entire walkway.

PARKVIEW furnace filters will be changed Thursday November 2nd. Make sure there is clear access to your furnace. It is NOT maintenance personnel's responsibility to move your property.



EXERCISE PROGRAM - This is lead by Jericho from Angel Care Home Health and will be every Tuesday morning at 9:45 in the Apollo Towers Community Room. If interested please arrive a few minutes before ready to start.

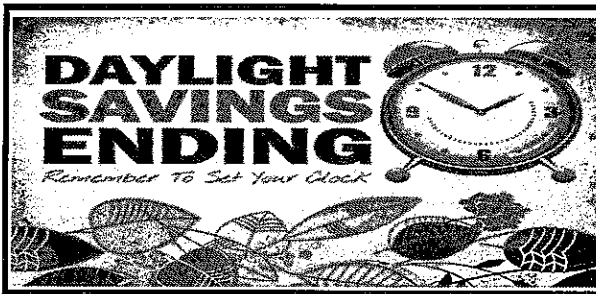
POTLUCK - Join your fellow tenants at 6 PM Friday November 10th in the Apollo Community Room for some shared food, fun and friendship. Potluck is the second Friday of each month.

TAI CHI PROGRAM - November 17th in the Apollo Community Room from 10 - 10:45 AM. The program will be presented by Jacquie Mack of Angel Care Home Health and is held the third Friday of each month.

NEEDLEWORK CLASSES - Interested in learning how to knit, crochet, hand embroider or brush up your skills? Tenant Shirley Murray will be in the Apollo Towers Community Room at 10:30 every Tuesday morning. Bring yours supplies and let Shirley help you create your own handwork.

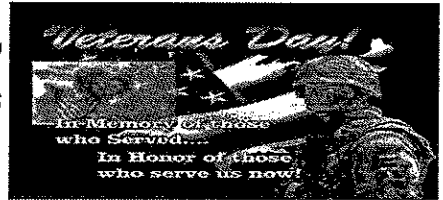
ELECTION DAY is Tuesday November 7th. Do you know where you need to go to vote this year?

HOLIDAY BAZAAR has been postponed, possibly to December. Look for a new date to be posted soon!



Don't forget to set your clocks back Sunday November 5th.

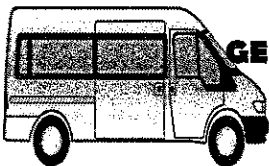
The office will be closed Friday November 10th for Veterans Day. Please plan accordingly.



UNIT INSPECTIONS—Thursday November 9th all units on the forth floor of Parkview will be inspected whether you are home or not.

SPRAY DAY - Wednesday November 8th is bug spray day for Apollo Towers. Parkview & Tolin are the even months and Apollo the odd, usually on the second Wednesday of each month. This is your advance notice and we will spray **ALL** units.

FRIENDSHIP MEALS—For information or questions please call 785-632-5767 or contact Amber in the Nutrition Office located next to the south entrance of Apollo Towers.



GENERAL PUBLIC TRANSPORTATION MINI-BUS

Call 785-632-2447 and schedule your ride today!

Beauty Shop—Arlene Stewart

Located on first floor of Apollo Towers

by the community room.

For an appointment call 785-630-0742

